



Name: \_\_\_\_\_  
School: \_\_\_\_\_  
Grade: \_\_\_\_\_

Complete 5 or more of these and put a check mark on the line! When you are done, bring it back to your school!

- \_\_\_\_\_ Make a card for a child at Dayton Children's Hospital
- \_\_\_\_\_ Smile and say Hi to at least 10 people today you don't normally talk to
- \_\_\_\_\_ Sit with someone at breakfast or lunch who is alone
- \_\_\_\_\_ Tell someone you love them and mean it
- \_\_\_\_\_ Say thank you to someone who has helped you
- \_\_\_\_\_ Encourage someone
- \_\_\_\_\_ Help someone with their school work
- \_\_\_\_\_ Use kind words like please, thank you. you're welcome
- \_\_\_\_\_ Say you are sorry to someone you have Hurt
- \_\_\_\_\_ Other, You think of something!



Name: \_\_\_\_\_  
School: \_\_\_\_\_  
Grade: \_\_\_\_\_

Complete 5 or more of these and put a check mark on the line! When you are done, bring it back to your school!

- \_\_\_\_\_ Make a card for a child at Dayton Children's Hospital
- \_\_\_\_\_ Smile and say Hi to at least 10 people today you don't normally talk to
- \_\_\_\_\_ Sit with someone at breakfast or lunch who is alone
- \_\_\_\_\_ Tell someone you love them and mean it
- \_\_\_\_\_ Say thank you to someone who has helped you
- \_\_\_\_\_ Encourage someone
- \_\_\_\_\_ Help someone with their school work
- \_\_\_\_\_ Use kind words like please, thank you. you're welcome
- \_\_\_\_\_ Say you are sorry to someone you have Hurt
- \_\_\_\_\_ Other, You think of something!



Name: \_\_\_\_\_  
School: \_\_\_\_\_  
Grade: \_\_\_\_\_

Complete 5 or more of these and put a check mark on the line! When you are done, bring it back to your school!

- \_\_\_\_\_ Make a card for a child at Dayton Children's Hospital
- \_\_\_\_\_ Smile and say Hi to at least 10 people today you don't normally talk to
- \_\_\_\_\_ Sit with someone at breakfast or lunch who is alone
- \_\_\_\_\_ Tell someone you love them and mean it
- \_\_\_\_\_ Say thank you to someone who has helped you
- \_\_\_\_\_ Encourage someone
- \_\_\_\_\_ Help someone with their school work
- \_\_\_\_\_ Use kind words like please, thank you. you're welcome
- \_\_\_\_\_ Say you are sorry to someone you have Hurt
- \_\_\_\_\_ Other, You think of something!



